

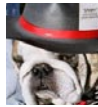
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Volume 1 • Issue 2
Spring/Summer 2006

Are you a Canine Good Citizen?

by Spanky Ford



Attention all dogs!!! Do you have good manners? Enough to have your family proudly and safely take you out in public? I do! And do you know that some public places make it mandatory that you have “proper” manners?

Well, sports fans, it’s gotten to the point that some of our canine counterparts apparently have made this come about by not being “good citizens.” The American Kennel Club (AKC) has an initiative called the Canine Good Citizen (CGC) Program which helps teach us to be respected members of the community. I told my Mom she knew I was a good dog, but we took the test anyway so now I am a certified CGC!

Yep, CGC is even a prerequisite to being a certified therapy dog, as recognized by Therapy Dogs International (TDI). So, if any of you want to visit elder-care facilities and hospitals, you better brush up on your manners! Here’s what you have to do; just 10 things! But if you fail one of them, you must take the whole test over at another time, so it helps to practice first. Get someone who has already taken the test to help you.

CGC testing can only be administered by a certified AKC evaluator:

1. Accepting a friendly stranger – Allow a stranger to approach your handler in an everyday friendly-greeting manner without jumping on them!
2. Sitting politely for petting – Allow the evaluator to pet you, and don’t be shy and move away.
3. Appearance and grooming – Yes, you’ll have to have a bath the night before! Allow the evaluator to brush you and gently examine your ears and pick up your feet.
4. Out for a walk – This shows that you can walk nicely beside your human without pulling and jumping and you can sit when the evaluator tells you to halt.
5. Walking through a crowd – Just mingle around a group of

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On The Rebound is a non-profit organization supported completely by donations and fundraisers. Made up of 100% volunteers, we rely on donations to help rescue bulldogs in need. Please help us save a bulldog’s life, every little bit helps. To donate online, please visit our website at:

www.ontherebound.org

**or you may mail your donation to:
On The Rebound Bulldog Rescue
PO Box 11193
Manassas, VA 20113**

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Heat Stroke KILLS!

Play this summer, but PLEASE play it safe! Bullies, as a brachycephalic breed are predisposed to heat stroke, add to that their high body mass, tendency to be overweight and take anti-histamines and you have a situation in which heat MUST NOT be underestimated. The following article ran in our first issue and it is back again to remind you of the danger of heat stroke and how to avoid and treat it.

Heat stroke occurs when the dog's ability to regulate its body temperature is lost. A dog regulates body temperature primarily through respiration. When the respiratory tract cannot evacuate heat quickly enough, the body temperature rises. Normal body temperature is less than 103°F, but once the temperature goes over 105°F a number of physiologic events can occur that make it even more difficult for the animal to regain control of its temperature. At this time, oxygen delivery to the system cannot keep up with rapidly elevating demand. If the temperature exceeds 108°F, cellular damage starts to occur in a number of organ systems including the kidneys, liver, gastrointestinal tract, heart and brain. The extent of the cellular damage depends on the magnitude and the duration of the temperature elevation. Clearly, this can be a life-threatening situation, but for those animals that survive there is the possibility of long term problems after the occurrence.



Watch out!

There are a number of predisposing factors for heat stroke. Here are some of the most significant:

- Heat
- Humidity
- Muscular activity
- High body mass
- Anxiety
- Poor ventilation
- Dehydration
- Obesity
- Anti-histamines
- Phenothiazines (vomiting medications)
- Brachycephalic breeds (short-nosed)
- Increased age

Symptoms

Dogs experiencing heat stroke will have a muddy pink color of their gums instead of the nice red-pink color that normally exists. Their heart rate will be dramatically elevated, and they will be panting furiously. They tend to stand or walk very slowly without regard to where they are. Some will lay on their sternum. Most dogs will have a wild or panicked expression and are not particularly aware of their environment.

Any combination of these symptoms should have an owner scrambling for a rectal thermometer and taking those steps necessary to help drive the temperature back down. If a thermometer is not available, presume it to be heat stroke and initiate treatment. If the animal does not respond favorably, the diagnosis can be re-evaluated later. Significantly delaying the treatment of heat stroke can dramatically increase the risk of long-term consequences or death.

Emergency treatment

Heat stroke is an emergency that requires veterinary assistance, but you can effectively initiate treatment in most cases before heading for the veterinary hospital. You must aggressively assist the dogs' efforts to lower body temperature with the use of water and air. Since the lungs cannot keep up with the heat buildup, we now have to cool the skin and associated blood vessels so the body's temperature will decrease. Submersion of the dog in cool water will start to bring the temperature down quickly. You will want to avoid extremely cold water or ice since they cause the blood vessels in the skin to constrict and will not allow for a meaningful heat exchange. If there isn't anything available to submerge the dog in, you can start wetting him down with a hose. Wet him down all over, but let the water run continuously in the groin area since there are large numbers of significant and relatively superficial blood vessels in that area that will allow for more rapid cooling of the blood. The dog should be in a well-ventilated, shady area to allow for evaporation of the water. Evaporation cools body temperatures very effectively. During transport to the vet hospital, keep the air conditioner on or the windows open to increase evaporation. Do not use an enclosed style crate since it allows for very little evaporation or fresh cool air for the lungs. Do not cover the dog with a wet towel as it will prevent evaporation.

Once the temperature starts dropping, you should seek veterinary assistance. It is advisable in most cases to start these animals on intravenous fluids and monitor kidney and liver function for at least several days. The necessity for this laboratory work depends on the magnitude and the duration of the elevated temperature, but even in mild occurrences, it is a wise precaution to take.

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Baking with Chez Trudy Wheat Free Tummy Yummies



1 CUP DRY ROLLED OATS

2 TBSP SUGAR

½ CUP MILK

1 CUP RYE FLOUR

1 TBSP MELTED MARGARINE



Combine oatmeal, ¾ cup of the rye flour, sugar and margarine together. Slowly add the milk until a firm but slightly sticky dough forms. Scrape the dough out onto a wooden board or counter. Knead in the rest of the rye flour until the dough stiffens. Wrap in clear plastic wrap and chill for 1 hour.

Preheat the oven to 350° while you roll the dough to ¼ inch thickness. Cut into shapes and place onto a lightly greased cookie sheet. Bake for 15 minutes. Turn off the oven and let your Biscuits cool with the door closed. These tasty treats will have your Bullies Barking and will keep up to 2 weeks in an air-tight container. 🐾

Affordable Adopt-a-Bulls Fundraiser



What do Harry Potter, Princess Barbie, Dora the Explorer, Jimmy Buffett, Toby Keith and Dolly Parton all have in common? Each are members of our ever-expanding OTR Adorable Adopt-a-Bull Celebrity Bullpen!

The Celebrity Bullpen was created to attract families to an "affordable" means of adopting a bulldog, albeit the plush variety, in an effort to raise funds for OTR. For a donation of as little as \$15.00 (shipping included), you can adopt either the boy or girl bulldog pictured on the site. An Adorable Adopt-a-Bull hang tag will display the member of the Bullpen designated by the adopting family.

For a little more, adopting families can provide a picture of their bulldog along with the other requested information, and a custom hang tag will be created recognizing him or her as their very own Adorable Adopt-a-bull.

For more information about how you can adopt one of these cute, six-inch, plush bullies, go to: www.ontherebound.org. Questions can be directed to Liz White at : lizzardfc@verizon.net. 🐾

...Heat Stroke - Continued from page 2

Prevention

Obviously prevention of heat stroke is a far better alternative than treatment. Everyone is aware of the risks of having a dog in a vehicle in the summer, but there are some less obvious risk factors that we all need to be aware of. Even moderate environmental temperatures can be very significant when there is little or no ventilation. Heavy muscular activity drives body temperatures up with alarming speed. Following intervals of high activity, return the dog to an air conditioned vehicle, or wet the dog down and go to an area that is shaded and preferably breezy to allow for evaporation. Do not wet the dog down and return it to an enclosed style crate, as you will be creating a steam bath like environment. Make sure there is access to reasonable volumes of cool fresh water both before and after activity.

We also need to be conscious of those animals that are at increased risk, which would include those dogs that have high body mass, older dogs, and those that are carrying more weight than is normal for them. Being aware of the various risk factors as well as the environmental considerations should help all of us avoid this potentially devastating problem. 🐾



With a donation of \$15 or more
You will receive a
6" plush bulle as retired from
Best Ever" (pictured on left) and an
On the Rebound hang tag displaying
a photo and vital statistics of the
Adorable Adopt-a-Bul you designate
selecting from ou. Bu lpen of lovable
celebs below

With a donation of \$25 or more
We will customize the hang tag to
display a photo of YOUR adorable
adoptable and his or he vita statistics



Back side of tag

7TH Annual OTR Family Reunion

proudly written by Ann Ford



An absolutely beautifully sunny November 12 marked the 7th annual OTR Family Reunion at Host, Andy Russo's home in Middleburg, VA, with 41 Bulldogs bringing their families with them, from as far away as Richmond, VA, to enjoy a day of friendship, fun, and food! We reminisced with friends and babies we had not seen in a while and welcomed new ones to the family. Having some quite creative families among us, we even had a



costume contest, dressing the babies in their "finery", with two Group winners of Bonnie and Smedley, who own Kathleen and Jose, dazzling the crowd with their sequined sombreros and blankets and Bud and Reebok White dressed as the Frog Prince and the Princess. The best home-made costume was bestowed upon Beasley Atfield whose Mom sewed tool pockets on his "Dad's Little Helper" shirt and he did have tools in those pockets, along with a

coordinating baseball hat! Funniest costume went to Spanky Ford. Spanky has been titled "OTR's Official Rover Reporter," complete with his white-collared shirt and an "OTR Rescue Hotline" cell phone on it, "Press" sticker in his hatband and camera, ready for action! Best "Halloween-Themed costume went to Picadilly, who owns Eryn and Joe.



We laughed at the babies playing in the glistening sun, swimming in the pond, carrying toys up and down the hill and just snoozing in the shade. We cried when we spoke about our babies who are now waiting for us at the Rainbow Bridge and as tradition has it, we paid tribute to the bullies who died last year with a reading of



their names, incense-lighting, and Tibetan Bell ringing. Katie believes that in ringing the bell, the Universe will be alerted to their presence. We have been (un)lucky enough to have a burial site at Andy's house, in a cove of trees with a meditation bench.

The best part was to visit with these wonderful rescued Bulldogs who, for so many reasons came to OTR, are now living such happy, healthy and quality-filled lives with their forever-families. To see ones who were so ill

when OTR rescued them and to see them now, smiling little faces, beautiful coats, healthy little bodies, make you realize the "bully kisses" you receive from them are truly out of so much love for these wonderful families and if it weren't through the heartfelt, non-stop hours of all of the OTR volunteers, we shudder to think what would have happened to them all. 🐾



ASPCA Animal Poison Control Center

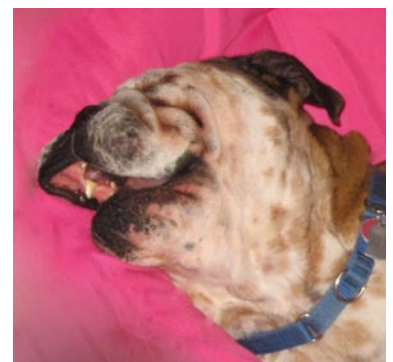
As the premier animal-oriented poison control center in North America, the ASPCA Animal Poison Control Center is the best resource for any animal poison-related emergency, 24 hours a day, 365 days a year. Make the call that can make all the difference: (888) 426-4435. A \$50 consultation fee may be applied to your credit card.

The employees of the ASPCA Animal Poison Control Center are veterinary health professionals who have been trained in veterinary toxicology. Because of their background and training, center veterinarians are prepared to deal with the complexities of animals exposed to poisons. There are many differences between the various species, including an animal's reaction to a specific chemical and response to therapy.

<http://www.aspc.org> 🐾

Jokes by Mowgli Joe

If I was Native American and I was trying to get a biscuit what would my name be?



Sitting Bull!

Seniors for Seniors

One of the fondest memories of growing up may be our first family dog. Play time when we were kids always included our dog, as he was a very important member of our family and did everything right along side of us; when we played, he played, when we had time-out in the corner, he sat right there with us, when we had dinner, he got the dropped crumbs and when we went to bed, he took up most of the covers. Time never seemed to race by when we were kids. All of a sudden we are in our "golden years," older family members have passed on, the children grown and moved away with families of their own and all of sudden we're by ourselves. Oh sure, a few friends and neighbors graciously stop by from time to time and we're back to solitude again. We can only read so many books, watch so much TV and maybe the fingers ache a little too much to build a ship in a bottle or knit or crochet baby blankets for 17 great-grandchildren. So what do you talk about

to your friends and neighbors and what do you do for exercise and entertainment? How do you keep yourself mentally and physically occupied?

You may be able to replenish the cherished childhood memories of owning a pet and turn them into a reality. What better physical exercise could you want than to rise early, bundle up in the crisp morning air and take a faithful companion outside for a short stroll before breakfast? And what better conversation could you ask for than to discuss the plan of how you and your dog are going to enjoy the day together? Whether it be sitting on the porch swing on a sunny summer day or sitting by the fireplace watching the snow fall outside the window, you will always have your dog's full attention and admiration of your conversation with them. Our human urge to care for and nurture will also give us a sense of responsibility. Visiting friends and family

or even during doctors visits, we proudly display photos of our best friends and tell stories about them, which helps with



socialization with other folks our age and keeps our minds active. Sometimes others will join in the conversations and tell stories about their pets; who knows, you may meet some new friends! Dogs always put smiles in our hearts and appreciate everything in this world we do so having a dog may even help us to not get bouts of depression when sometimes

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...Good Citizen - continued from front page

people, staying with your human; don't tug on your leash or try to jump on anyone.

6. Sit and down on command – Sometimes this one is a little tough. I failed my test the first time because I could see no reason why I should lie down just at that moment. But my Mom and I worked on it and I now get it. This demonstrates that I do know how to do what I am told. You may need to have a little obedience training to learn this one.

7. Coming when called – This one can be a little tricky, too! My Mom had to walk about 10' away from me; then I could not go to her until she called me. Well, I was just going to walk right along with her, but I quickly learned I had to wait until she called me.

8. Reaction to another dog – This test shows I can politely behave around another dog while their human walks up and greets us. We can show casual interest to one another, but nothing more.




For more information: <http://www.akc.org/events/cgc/> 

Pixie Paws Fashion Picks

Girls, this summer, leave your ten cup bikinis at home! The natural look has really made a comeback - and none



too soon! For lounging by the pool or frolicking in the surf, your own fur is all you need. I do, however, recommend collars with proper id tags for public appearances. -P.P. 

My Coup de Foudre



Coup de foudre is French for a lightning bolt or love at first sight. I have had this phrase in my head for some reason since Thursday when Clementine died. I wasn't really sure of the meaning as I had only heard Katie use it on rare occasions. We looked up the true meaning of it today and so it has become the subject line.

The second I laid eyes on Clementine I knew that I had to take her home with me. We had wanted to only get a male for Molly since she was mourning the death of our Sly. As Katie and I discussed the decision of which puppy to get I told Katie that I just had to take Clemmy home with



me. Bearsy was gorgeous but there was something about Clemmy. I think Katie realized the same thing as I wouldn't put Clemmy down to sign the contract. We locked eyes and stayed that way through our relationship.

Clemmy and I grew so tight that there was barely a moment where she wasn't with me. Clemmy went on almost all of my rescue pick-ups, drop offs, home visits and final rides. She was the best navigator and helped me stay awake on many of my trips. She was regal sitting in the passenger seat, turning her head to the right to show those passing by that yes she was a gorgeous bully. The way she sat in the car was the same way she sat in her recliner and occasionally granted audiences to those that came to visit. She did have her favorites with whom she would share her chair: Brian B., Rich, Brian M., Andy, Jim and Sandy. She could always tell a softy with a good heart.

If Clemmy wasn't at my side or in her chair she was displaying her talent as an angel maker. She would roll in the grass, in the snow and in the sand. But her favorite angels were mud angels. Clemmy never missed a puddle in her life.



She was an awesome being and I'm eternally grateful for her love, companionship and devotion of which I know I didn't take lightly.

So as is the tradition, a toast, to my Coup de foudre Clementine. To Clemmy! 🐾

OTR at Brunswick Railroad Days Festival



OTR participated in the Brunswick Railroad Days Festival for the first time in October 2005, thanks to the sponsorship of Beans in the Belfry, a quaint cafe and local merchant tucked in the heart of Brunswick's historic district.

The Brunswick, MD Railroad Days Festival is a two-day event featuring train rides, crafts, museum tours, live music, clowns, model trains, carnival rides, a Bulldog Kissing Booth, lots of food, and oh...did I mention a Bulldog Kissing Booth?



Emma and Brunswick's Mayor Jones

The bullies drew much attention in their Halloween finery, as visitors stood in line to wait for their turn. We even made the front page of the Frederick News Post!

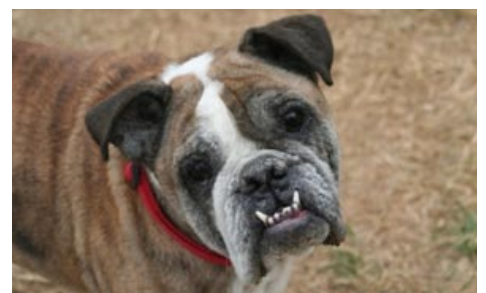
If you would like to visit our friends and supporters at Beans in the Belfry, tell them we sent you!

Beans in the Belfry 122 West Potomac Street, Brunswick, MD
(301) 834-7178 www.beansinthebelfry.com 🐾



...Seniors - continued from page 5

we tend to do when we're alone. You certainly may consider having an older dog as we're not as agile as we used to be and having a puppy or a very active adolescent may not work well, you may want to consider an older dog that needs a loving home and would just appreciate your love, affection and care. Senior dogs, so many times, are surrendered because a family "just doesn't have the time" for them anymore. Maybe this is something you can do to help a senior dog who needs you and...perhaps, you need them! 🐾



Remembering Benny



“It was the best of times, it was the worst of times”... some famous writer said that and for our family 2005 epitomizes it. 2005 began unlike any year before. It was our first time welcoming a new year with our beloved boy, Benny. Six months before, we were chosen by Benny to be his new mommies.



We had a lot of anxiety about Benny pretty much from the time we brought him home. From what we knew, he was a pretty typical rescued bully. He had some health problems, but he mostly needed to be loved and spoiled. Though we were never able to shake our feelings of anxiety, we attributed them to our lack of experience in being owned by a bully, and we tried to move on.

As the months wore on, we all settled in and grew accustomed to our new life. We couldn't remember life without Benny, and despite our lingering feelings of anxiety, we thought we'd have a long time to enjoy life with him. His gentle, peaceful, sweetness made us laugh and made our house feel even more like a home. We doted on him, spoiled him, and laughed a lot at his “walking strikes,” his endless attempts to hump us, and his intense love of the bed pillows.

The summer of 2005 was spent wedding planning... well, actually “civil union” planning if you want to get technical. Benny's health had reached somewhat of a “status quo” and by that we mean

he was going to the vet monthly for recurring respiratory and skin problems... all of which at the time seemed somehow “reasonable,” even possibly “expected”... I mean, we are talking about bullies after all. And on September 10th, in Vermont, Benny was among the family members who attended our long overdue civil union.

Benny seemed somewhat “off” throughout our time in Vermont but we chalked it up to his dislike of any car travel, too much activity, and too much change in his much-loved routine. But upon our return to DC, Benny continued to seem “off,” and on Halloween, our worst fears were confirmed. Benny's continuous string of lung infections turned out to be completely unrelated to his lungs. Benny had actually been suffering from liver disease – something he had most likely had for a long time before we were lucky enough to become his parents.

After a second opinion and third opinion, we decided the time had come to give our boy some peace. On the day that Benny died, we were emotionally destroyed. We left our house and went to a hotel, unable to imagine going back to our empty house.

The next day we weren't really sure what to do with ourselves. Eventually we found ourselves at the one place we knew would give us exactly the type of understanding, compassion, love and slobber we needed... the Kates'.

When we first found out that Benny was sick, we talked about whether we would want another bulldog. We ultimately decided that we couldn't imagine life without one but that we needed a little time to heal. When we went to the Kates, the day after Benny died, all of our logic and thoughtfulness went out the window as soon as we met Sampson and Delilah.

Unlike their older brother Benny, who came to us in a very Zen-like way, Sampson and Delilah bound into our lives in a whirlwind of wagging bottoms, sloppy kisses and an energy that literally knocked us over. No, I'm serious... Delilah really did knock Tori over! They were both so unlike Benny and yet so very similar to him. They share Benny's capacity to love and forgive as do so many of the other rescued bullies. They share his complete and unadulterated love of food. They share his willfulness and his desire to make us happy. But, above all else... they share his ability to make us fall 110% head-over-heels in love with them.

Some of our friends and family were really worried when we told them that we had adopted not only one but two bullies. Having witnessed the heartbreak that Benny's death caused us, they wondered aloud how we could even consider “putting yourselves through that again.” It was a question, even an accusation, born of love, concern and ultimately... ignorance. Had a bulldog ever owned them, the question would have been WHEN are you going to put yourselves through that again, not WHY.



It is January 1, 2006 and we are beginning this year in a very similar way as last year. We toasted our relationship, our family, and our life. But, this year... we also lit a candle and said a quiet “thank you” and “we miss you” to our beloved boy and kissed the wet and lovely under bites of the new babies in our lives. 🐾

Gloria Estefan Supports On The Rebound Bulldog Rescue Fundraising Efforts



Five-time GRAMMY Award-winning singer/songwriter Gloria Estefan supported OTR fundraising efforts by personalizing copies of her new book, *The Magically Mysterious Adventures of Noelle the Bulldog*, at an October 13, 2005 promotional event sponsored by The Kennedy Center, in Washington, DC.



OTR board member, Liz White, stood in line at the event with an arm full of 18 books, awaiting her turn patiently; in hopes Ms. Estefan would sign them and give us permission to use them as a fundraiser. Ms. Estefan did not disappoint, graciously accepting the challenge. “She (Gloria) didn’t hesitate even for an instant, immediately reaching for the stack of books with the help of an assistant.” Liz goes on to share that: “She was interested in

THE MAGICALLY MYSTERIOUS ADVENTURES OF NOELLE THE BULLDOG



hearing all about On the Rebound and the work that we do and was equally excited to tell me all about Noelle and the rest of her bulldog family, now numbering four.” (Her son Nayib’s bulldog makes a total of five.)

The popular children’s book debuted at #2 on The New York Times best sellers list less than one week after its October 11 release. In the book, Estefan shares the real-life escapades of her beloved English bulldog, Noelle, who had trouble adjusting to a strange new place after being adopted by a good family. A CD is included in every copy, featuring Gloria’s first song for children, “Noelle’s Song (Been Wishin’).”

“I don’t think too much is known about the affinity that I feel for animals,” expresses Gloria in an earlier press release. “I have a very real connection with them and although I’ve had many pets, especially dogs, I have found a new and very unique connection with my two year old English bulldog, Noelle,” says Gloria Estefan. “I am thrilled that Noelle has brought readers as much joy and surprise as she has brought into the lives of everyone who has met her.”

Liz, with the help and encouragement of her sister and fellow board members, extended a big OTR thank you, sharing a large bag of OTR-logo goodies intended for Ms. Estefan and her family. “Ms. Estefan appreciated the gifts, thanking us for our generosity and wishing us tremendous success with our fundraising efforts,” reports Liz, excited with the results of the encounter. Katie Mulderig, OTR co-founder and fundraising chair, reports that “...this fundraiser was tremendously successful, second only to the Rehoboth Beach Sea Witch Festival, thanks to the generosity of Ms. Estefan, Liz White, and our OTR family and supporters.”

About the Author: International superstar Gloria Estefan is one of the most successful crossover artists in the world, with over 70 million albums sold worldwide. Among her many honors, she was the first Hispanic woman to be named BMI songwriter of the year, was inducted into the Songwriters Hall of Fame and is an American Music Award Lifetime Achievement recipient. She was also awarded the Ellis Island Congressional Medal of Honor for her philanthropic work. Gloria lives with her son Nayib, daughter Emily and husband Emilio in Miami. 🐾



On The Rebound is a non-profit organization supported completely by donations and fundraisers. Made up of 100% volunteers, we rely on donations to help rescue bulldogs in need. Please help us save a bulldog’s life. To donate online, please visit our website at: www.ontherebound.org or you may mail your donation to: On The Rebound Bulldog Rescue PO Box 11193 Manassas, VA 20113